

August 1, 2025

TO: All 4-H'ers interested in Fashion Upcoming Clothing contests
RE:

Dear 4-H'er,

The 4-H Fashion Revue is returning to Achievement Day on **Saturday, March 21st!** We will conduct prejudging for all participants on Saturday, March 14th from 1:00-3:30 PM at the Lafayette 4-H Office. I am sending you a copy of the rules for the upcoming contests so that you can get started on your garment for competition.

This letter is being sent to all 4-H'ers enrolled in any one of the four clothing projects available to 4-H'ers this year and any 4-H'er who may have an interest in fashion.

I encourage you to read the rules very carefully and do your BEST to enter the contests. During January meetings, copies of these rules will be made available to all interested 4-H'ers. Remember, all clothing garments are due in the **4-H Office** by **Friday, February 27, 2026.**

Due to time constraints, parents are not allowed in the judging area during the Fashion Revue. There will be many opportunities for pictures during and after the Fashion Revue. Thanks in advance for your cooperation.

We will again have a **Non-Competitive Exhibition Category** for those who make something that doesn't fit into one of the other categories. These will only be judged on the overall appearance of the item and participation ribbons will be given. Items that can be entered are pillows or stuffed toy (animal or doll), or vests and garments that don't fit into another category. These items **must have at least 4 sewn seams** and have a level of difficulty similar to a garment. Items will be displayed at the Fashion Show.

If you are enrolled in a sewing project, have someone take pictures of you while you are making your garment to put in your record book.

If you have any questions, please call me at 337-291-7090 or contact me at ngerard@agcenter.lsu.edu. I am looking forward to another successful Fashion Revue, and the more entries we have, the better it will be. All 8th through 12th graders should think very seriously about going to 4-H University this summer in one of the clothing contests in the State 4-H Fashion Revue. For more information about this, give me a call.

Sincerely,

Nicole Gerard
Assistant Extension Agent
4-H Youth Development
Lafayette Parish



2026 LAFAYETTE PARISH 4-H DRESS REVUE

CLOTHING – FASHION REVUE RULES

General Requirements:

1. Contestants must do all construction on garments entered. **No Store-bought items will be accepted (except for Ready to Wear).**
2. **Garments MUST have been constructed within the last year. Garments cannot have been previously entered in Lafayette Parish Fashion Revue.**
3. Each contestant must turn in garment(s) on a hanger, all pieces labeled with name, age, grade, school, and category. Sew label on inside of the back of neck and waistband to the 4-H Office, 1010 Lafayette St., by **Friday, February 27th by 4:00 p.m.**
4. Fill out and pin appropriate **Information Data Sheet** to garment or exhibition entry. One data sheet for each garment or item entered. Attach a picture of you wearing your garment to your **Information Data Sheet** - Scoring is as follows:
 1. Construction (prior to modeling) 40 points
 2. Appearance (contestant modeling garment) 60 points**Total 100 points**
5. Garments need to be picked up from the 4-H office prior to the Fashion Revue.
6. All contestants are to participate in the Fashion Revue prejudging, which is scheduled to take place on **Saturday, March 14th** at the 4-H Office. The judging of appearance will be done prior to the fashion show which is why we are requesting all contestants arrive at the 4-H office by **1:00 p.m.** During the judging the participants are learning and practicing modeling techniques. Parents are not allowed in judging area during appearance judging.
7. The Fashion Revue will be held during Achievement Day on **Saturday, March 21st** just prior to awards announcements for all contests. Participants who have completed both garment and appearance judging will be allowed to participate. Placings will be announced during the awards announcements.

Fashion Revue Categories:

1. **Grades 4-5-6 (You may enter two categories)**
 - a. **Jiffy Skirt** – use any simple pattern with an elastic waistline.
 - b. **Apron** – free patterns are available if you search on the internet or call the office for pattern/instructions.
 - c. **Pajama Pants/Shorts** – use any simple pattern with an elastic waistline.
 - d. **Ready to Wear** – contestants put together an outfit and accessories for any occasion. The budget for the outfit is under \$100 and does not include shoes and accessories. (Outfit pieces may be all ready-to-wear or a combination of home sewn and ready-to-wear; outfit must include some ready-to-wear pieces. Limited spending amount does not include shoes and accessories).
2. **Grades 7-8 (You may enter two categories)**
 - a. **Apron** – free patterns are available if you search on the internet or call the office for pattern/instructions.
 - b. **Skirt**
 - c. **Shorts**
 - d. **Casual Outfit** – includes outfit suitable for casual wear, (dress, skirt or pants and blouse, etc.). Category does not include floor length casual, or very dressy outfits.
 - e. **Ready to Wear** – same as above
 - f. **Upcycled Fashion**- recycle and redesigned materials to create a wearable outfit for the runway. The design should be wearable, neat, and of quality workmanship.

3. Grades 9-10-11-12 (You may enter only one category)

- a. **Casual Wear** – same as above
- b. **Creative Choice** – may be of any type and for any occasion. Should be a selection that is especially suitable to the needs and personality of the 4-H'er and show some growth in clothing construction. Outfit must feature 3 or more of the following:
 - 1. Bound buttonholes
 - 2. Handmade accessory
 - 3. Pleats or tucks
 - 4. Sleeves
 - 5. Waistband or waistline
 - 6. Lining
 - 7. Underlining
 - 8. Yoke
 - 9. Zipper
 - 10. Cuffs
 - 11. Tailored collar
 - 12. Pockets
 - 13. Gathers, ruffles, flounces
 - 14. Collar or other neckline treatment – other than plain, faced edge
 - 15. Creative stitchery – appliqué, patchwork, embroidery, quilting, etc.
 - 16. Design that must be matched – plaid, prints, stripe
 - 17. Special seam – flat-felled, French, lingerie, etc. (any except finishing edge of a plain seam)
 - 18. Trim or decorative detail – top stitching, braid, insertion, trim, etc.
 - 19. Use of unusual fabric-pile, napped, sheer, lace, light weight knit, etc.
 - 20. Worked on 2 or more fabrics of different weights or textures (not including underlining, interfacing lining)
- c. **Ready to Wear** – same as above
- d. **Upcycled Fashion**- recycle and redesigned materials to create a wearable outfit for the runway. The design should be wearable, neat, and of quality workmanship.

4. Grades 4-12 (You may enter 2 items)

Non-Competitive Exhibition – may be pillows, bags, or stuffed toy (animal or doll), or vests and garments that don't fit into another category. Must be made by the 4-H'er. Must have completed Information Data Sheet and Question Sheet attached to item. Items will be judged on Overall Appearance of item, Difficulty of Technique, Neatness, Appropriate use of materials, and Creativity.

Must have at least 4 seams that are sewn for the project to be considered. Embellishing an item will not qualify for entry.

***** IF YOU ARE ENTERING MORE THAN ONE GARMENT, HAVE ONE DATA SHEET COMPLETED FOR EACH GARMENT*****

INFORMATION DATA SHEET
FASHION REVUE 2026

Please complete and bring to the 4-H Office by Friday, February 27th with your garment or exhibition entry.

PIN TO GARMENT AND DELIVER

TO: BY: Friday, February 27th

Nicole Gerard

1010 Lafayette Street, Suite 325

All entries must be on a hanger.

Lafayette, LA 70501



CATEGORY (Please indicate with an "X")

GRADES 4-5-6 (You may enter two categories)

- ☐ a. Simple Skirt
- ☐ b. Barbeque Apron
- ☐ c. Pajama Pants/ Shorts
- ☐ d. Ready to Wear

GRADES 7-8 (You may enter two categories)

- ☐ a. Apron
- ☐ b. Skirt
- ☐ c. Shorts/ Pajama Pants
- ☐ d. Casual Outfit
- ☐ e. Ready to Wear
- ☐ f. Upcycled Fashion

GRADES 9-10-11-12 (You may enter only 1 category)

- ☐ a. Casual Outfit
- ☐ b. Creative Choice *must include which features used
- ☐ c. Ready to Wear
- ☐ d. Upcycled Fashion

GRADES 4-12

(This will be judged on overall appearance. Must have at least 4 seams that are sewn to be considered for this category.)

- ☐ a. Exhibition Only

NAME _____

ADDRESS _____ **CITY** _____

PHONE _____

4-H Club _____ **AGE** _____ **GRADE** _____

PARENT'S NAME _____

PATTERN USED if sewn _____ **TOTAL COST OF GARMENT \$** _____

Attach a picture of you wearing the garment to a separate piece of paper. Attach a copy of front and back of pattern envelope or sewing instructions.

Please complete and bring to the 4-H Office by Friday, February 27th with your garment or exhibition entry. NOT FOR READY TO WEAR AND UPCYCLED FASHION ENTRIES.

Name _____

4-H Club _____

Type of outfit _____ Pattern Used _____

Describe the outfit or project you made and are wearing, including accessories. Please be creative and descriptive, include several sentences. (This will be used for the Fashion Revue script):

What did you learn from making this outfit or project?

What did you find the most challenging in making your outfit or project? What was the easiest?

What is your favorite thing about your outfit or project?

How has being in this 4-H project or learning to sew helped you?

Ready to Wear Data Packet – Due with Outfit to the 4-H office by Friday, February 27, 2026

First Name _____ Last Name _____

Email address _____ Telephone # (_____) _____

4-H Club _____ Grade _____

Parents Name _____ Contact Number _____

Include two pictures of you wearing your outfit (two views, front and back are necessary). You may add close-ups and side views as well. Use additional sheets if needed. Please add any additional information as needed to explain or describe.

Photos required:

- Front view of you wearing your completed outfit including accessories
- Back view of you wearing the completed outfit including accessories
- Any additional photos as needed (close up, side views etc. may be included)
- You may reproduce this page for additional photos.

Fashion Show Script for the Runway Fashion Show: Write 2-3 sentences about the complete outfit describing the features of the garment that you have selected to wear in the Fashion Revue (include accessories). This information may be included in the fashion show script. Do not mention the obvious such as “long sleeve white” shirt, or “blue” dress. Be creative, have fun.

Identify your outfit by garment pieces, cost and location purchased (example: dress, blouse, jacket, skirt, pants, etc.) in the spaces below (i.e.: Garment A = blouse, Garment B = skirt). If you have more garment pieces than the space below allows, please duplicate this page as needed to accommodate all information.

Garment A	Garment B	Garment C
Price: (retail price + tax = total) \$	Price: (retail price + tax = total) \$	Price: (retail price + tax = total) \$

Give store name and location where outfit was purchased.

Garment A	Garment B	Garment C
Total Cost of Outfit: \$		For what occasion can this outfit be worn?

Outfit	Reason for Selection:
Explain why you chose this outfit.	Why was the outfit chosen? (10 points)
Identify and Give reasons for selection based on any of the design principles or elements. Choose 3: 10 each for a total of 30 points	Explain how design principles and elements influenced your decision and how used in garment. ☐ Color ☐ Line ☐ Style ☐ Texture ☐ Wardrobe plan ☐ Compatible with body type ☐ Fabric type ☐ Fiber content and percentages

Cleaning Costs are an important consideration when purchasing clothing.	\$1.50 for machine washing and machine drying \$.50 for hand washing and air-drying
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Cost per wearing figures to use for estimating cleaning costs are found at right:		\$.75 machine wash and line dry \$7.00 for dry cleaning
	Outfit	
Expected number of times to wear per year		
Approximate cost per wearing (show work) Cost per wearing = total price of garment + (cost for care X the # of times Cleaned) ÷ the # of times worn.		

Garment: Provide the following label information from each piece of your outfit. In addition, answer each question completely.

	Garment A	Garment B	Garment C
Brand name			
Size			
Country where Made			
Fiber content and percentages			
Care instructions			

What 3 skills did you learn from this project experience? And explain how each can be used in the future.	1. 2. 3.
List challenges that you had in the process of designing your garment and/or putting together this project.	
List training needs. What advice would you give someone entering this contest next year?	

Upcycled Fashion Data Packet – Due with Outfit to the 4-H office by Friday, February 27, 2026

First Name _____ Last Name _____

Email address _____ Telephone # (_____) _____

4-H Club _____ Grade _____

Parents Name _____ Contact Number _____

Include two pictures of you wearing your outfit (two views, front and back are necessary). You may add close-ups and side views as well. Use additional sheets if needed. Please add any additional information as needed to explain or describe. **One additional photo must include all materials used in the garment creation before they were altered.**

Photos required:

- Front view of contestant modeling garment with accessories.
- Back view of contestant modeling with accessories.
- Photo of ALL original RECYCLABLE ITEMS used in making your garment, BEFORE items were altered.

Fashion Show Script for the Runway Fashion Show: Write 2-3 sentences about the complete outfit describing the features of the garment that you have selected to wear in the Fashion Revue (include accessories). This information may be included in the fashion show script. Do not mention the obvious such as “long sleeve white” shirt, or “blue” dress. Be creative, have fun.

Tell us about yourself and your design. Mention the recycled materials used and the process used to create the garment.

Questions Related to Garment:

1. To what occasions can you wear this outfit?

2. Why did you choose this design?

3. What do you like about this outfit?

4. What would you do differently next time?

Materials

List the materials used to create your outfit:

Be sure that the materials used for your recycled garment create a wearable garment.

- Identify materials used and its source. (Where did you find the materials used for your garment?)
- What is the cost of materials used and total cost of the garment (if no cost is involved or no other supplies were purchased, list: no cost).

Construction & Workmanship

Explain the construction techniques used to create the garment (example: punched hole in playing cards, used shoestrings to stitch cards together to create the vest; used old blue jeans to create hat to match my jeans; crocheted plastic bags to make lace for the skirt, etc.)

Describe and explain materials used to construct or hold items together.

Skills Learned

List 3 skills learned or improved and explain how each can be used in the future.

1.

2.

3.

Importance and Benefits of Recycling:

Write a brief paragraph on the importance of 3 benefits of recycling. Use proper writing process in your explanation including relevant and supporting facts and details. Use appropriate grammar, spelling, punctuation, complete sentences, etc.